



Where does our soap
come from?

A Soap Primer from

ROUND TOP
NATURAL ★ SOAP

Botanical-based, handmade soaps vs. commercial soaps

- “Saponification” is the process where a chemically strong base such as sodium hydroxide is combined with fatty acids to create soap.
- The chemical compound bonds with dirt and oil and is washed away with water.
- Commercially produced soaps often use a fatty acid called “tallow”, which comes from cattle or pigs.
- Round Top Natural Soap Company’s soaps are all made from a botanical oil base rather than animal-based fats.
- Commercial soaps must be completely saponified to prevent rancidity due to excess fat remaining in the soap – this causes a significant drying affect on the skin.
- In most commercial soaps, glycerin is removed to sell in other, more expensive products. This leaves most soaps without any ingredient to soft or moisturize the skin.
- In addition to glycerin, Round Top Natural Soap Company also adds plant and other natural oils with moisturizing and softening characteristics.
- Round Top Natural Soap Company is careful to have more than adequate levels of glycerin in each bar of soap to promote softness and treat the skin with moisturizer.
- Animal fats used in commercial soaps also clog skin pores and can create or add to existing skin irritations.
- Most fragrances in commercially available soaps are synthetically produced and chemically based.
- Round Top Natural Soap Company uses almost exclusively essential oils to fragrance soaps, which are all natural and good for the body.



Round Top Natural Soap Company uses only the best ingredients in everything we make

Round Top Natural Soap Company uses only the very best ingredients in all its soaps. Jann studies the benefits and strengths of each ingredient before she finalizes each and every recipe. Below are highlights of the ingredients she relies upon. Often times they're more expensive, but you're worth it!

- **Olive** – high in oleic acid and a good skin cell regenerator. It attracts external moisture to the skin and still allows normal functions of the skin to take place.
- **Coconut** – a very good carrier oil for dry, itchy, sensitive skin. Does not clog pores and absorbs readily into the skin. It is resistant to rancidity and helps make a good, hard soap with a wonderful, fluffy lather. Coconut oil is light and non-greasy.
- **Palm** – hardens the bar and provides a stable lather. Very mild to the skin.
- **Shea** – African healers have used shea butter for thousands of years as the ideal treatment for dry or aging skin. Its high content of non-saponifiable fatty acids gives it the ability to moisturize and retain the elasticity of the skin. Shea butter helps to protect skin against the damaging effects of the sun and can repair cellular degeneration.

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Soap ingredients, continued...

- Castor – rich in fatty acids. It is very soothing and lubricating to the skin and acts as a humectant attracting moisture to the skin.
- Oatmeal – relieves skin irritations, itching and redness due to allergy, wind exposure, and other causes. It has excellent emollient properties and is particularly good for individuals with sensitive skin. Recommended for use in both infant and geriatric skin care.
- Goat's Milk – recognized as a natural emollient for centuries. Goat's milk helps soothe and moisturize the skin and contains important vitamins such as A, B6, B12 and E. Has three times more beta-casein than cow's milk. Caseins are easily absorbed into the skin and allows for quick hydration of dry skin. The content of triglycerides, capric, caprylic and caproic acid helps balance the skin's natural pH and promotes natural exfoliation of dry skin.
- Buttermilk - is soothing and moisturizing.

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Round Top Natural Soap Company also uses only the best ingredients in its lotions and other products. On this page and the following pages, Jann talks about the ingredients she uses in her lotions, body butters, foot creams, bath salts and lip balms. Again, they may be more expensive, but you're definitely worth it!

- **Aloe Vera Juice** - pure aloe vera gel is known for its ability to heal and moisturize the skin and hair.
- **Green Tea Extract** – green tea powdered extract is used in skin care products as a powerful antioxidant that helps rejuvenate the skin, prevent damage from the sun and promote elasticity.
- **Rice Bran** – provides some sun protection, is softening and moisturizing. Rice bran is good for mature, delicate, sensitive skin. It is particularly high in fatty acids, is rich in vitamin E complex, tocopherols and tocotrienols, a unique antioxidant known as gamma oryzanol, high quantities of phytosterols, polyphenols and squalene. Gamma-oryzanol is effective in absorbing ultraviolet light, thereby inhibiting adverse effects attributed to exposure to sunlight. This oil is used for dry and flaky skin.

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More on lotion ingredients -

- **Mango** - mango butter has good emolliency and lends protection against the sun. It prevents drying of the skin and formation of wrinkles. Mango butter also reduces degeneration of skin cells and restores elasticity.
- **Avocado** - this highly therapeutic oil is rich in vitamins A, B1, B2, B5 (Panthothenic acid), Vitamin D, E, minerals, protein, lecithin and fatty acids. It is a useful, penetrating nutrient for dry skin and eczema. Avocado oil is said to have healing and regenerating qualities.
- **Jojoba** - it is highly penetrating and closely resembles natural sebum. It is used in facial blends to remove excess oils and to help balance the natural skin oils. Jojoba contains a natural anti-inflammatory called “myristic acid” and is a good oil for arthritis and rheumatism. It has natural anti-oxidant properties and is said to help extend the shelf life of other oils.

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Round Top Natural Soap Company's Body Butters are crafted from a unique blend of enhancing oils and ingredients. Read on...

- **Aloe Vera Juice** - pure aloe vera gel is known for its ability to heal and moisturize the skin and hair.
- **Green Tea Extract** - green tea powdered extract is used in skin care products as a powerful antioxidant that helps rejuvenate the skin, prevent damage from the sun and promote elasticity.
- **Avocado** - Avocado oil has been used in African skin treatments for centuries. This highly therapeutic oil is rich in vitamins A, B1, B2, B5 (Panthothenic acid), Vitamin D, E, minerals, protein, lecithin and fatty acids. It is a useful, penetrating nutrient for dry skin and eczema. Avocado oil is said to have healing and regenerating qualities.

Emu - is rapidly gaining recognition as an invaluable cosmetic ingredient. Current studies attribute very promising benefits to emu oil. It is said to have an extraordinary ability to penetrate the skin. Emu oil acts as a carrier for other ingredients. It is non-comedogenic, and is completely non-irritating. It has been suggested that emu oil can reduce inflammation and redness of the skin, reduce the formation of wrinkles and restore moisture to irritated, dry skin.

- **Sweet Almond Oil** - a great emollient for softening and conditioning the skin. It is well suited for eczema, psoriasis and itchy, dry and inflamed skin. It is rich in essential fatty acids and vitamins A, B1, B2, B6 and E. Sweet almond oil is light and penetrates easily

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More on Body Butters...

- **Shea** – African healers have used shea butter for thousands of years as the ideal treatment for dry or aging skin. Its high content of non-saponifiable fatty acids gives it the ability to moisturize and retain the elasticity of the skin. Shea butter also helps to protect the skin against the damaging effects of the sun while repairing cellular degeneration.
- **Mango Butter** - has good emolliency and lends protection against the sun. It prevents drying of the skin and formation of wrinkles. Mango butter also reduces degeneration of skin cells and restores elasticity.
- **Vitamin E** - protects cellular structures against damage from free radicals and the byproducts of fat peroxidation. It acts as a free radical scavenger to prevent the byproducts of chemical-cell interaction to cause cell damage. Vitamin E may help to decrease the toxicity of certain chemotherapy drugs. When used topically, Vitamin E may decrease some of the harmful effects of solar radiation on the skin.
- **Jojoba Oil** - highly penetrating and closely resembling natural sebum. Used in facial blends to remove excess oils and to help balance the natural skin oils. Jojoba contains a natural anti-inflammatory called “myristic acid” and is therefore, is a good oil for arthritis and rheumatism. It has natural anti-oxidant properties and is said to help extend the shelf life of other oils.

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The advantages of Round Top Natural Soap Company's foot creams...

- **Aloe Vera Juice** - pure aloe vera gel is known for its ability to heal and moisturize the skin and hair.
- **Green Tea Extract** - green tea powdered extract is used in skin care products as a powerful antioxidant that helps rejuvenate the skin, prevent damage from the sun and promote elasticity.
- **Shea** - African healers have used shea butter for thousands of years as the ideal treatment for dry or aging skin. Its high content of non-saponifiable fatty acids gives it the ability to moisturize and retain the elasticity of the skin. Shea butter also helps to protect the skin against the damaging effects of the sun while repairing cellular degeneration.
- **Mango Butter** - has good emolliency and lends protection against the sun. It is said to prevent drying of the skin and formation of wrinkles. Mango butter also reduces degeneration of skin cells and restores elasticity.
- **Sweet Almond Oil** - a great emollient for softening and conditioning the skin. It is well suited for eczema, psoriasis and itchy, dry and inflamed skin. It is rich in essential fatty acids and vitamins A, B1, B2, B6 and E.
- **Cocoa Butter** - an emollient used to heal and moisturize skin that has been exposed to the elements. It also helps reduce the formation of stretch marks during pregnancy by keeping the skin supple.



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It's the natural ingredients that make Round Top Natural Soap Company's bath salts so soothing!

- **Sea Salt** – naturally harvested Caribbean Sea salt contains minerals, which are needed by our bodies and helps draw toxins from the skin. Sea salt also has a soothing affect on sore muscles.
- **Dead Sea Salt** - Dead Sea salts are mineral-rich and contain high proportions of potassium, magnesium and bromide. Potassium helps regulate the moisture level of the skin, magnesium helps promote healing, and bromide has a smoothing and relaxing effect. Dead Sea salt exfoliates and revitalizes the skin and helps draw out toxins. Sea salt is well known for its ability to relieve aches and pains, reduce stiffness after exertion, relaxes muscles and relieves skin problems such as acne, eczema and psoriasis. The high mineral content of Dead Sea salt stimulates blood and lymphatic circulation. Increased circulation moves trapped fluid from joints, improving joint movement and reducing stiffness and pain. Regular use of salts promotes healthy skin by exfoliating and encouraging regeneration of new skin cells.
- **Epsom Salt** - Epsom salt, also known as magnesium sulfate, is used alone or included in bath salt blends. Epsom salt is known for its ability to ease pain and muscular tension. It helps to reduce swelling, relax the nervous system and eliminate toxins from the body.



Round Top Natural Soap Company uses only the best ingredients in everything we make

Round Top Natural Soap Company's lip balm products are made of only the finest, purest, all-natural ingredients.

- **Cocoa Butter** - cocoa butter is used to heal and moisturize skin that has been exposed to the elements. It also helps reduce the formation of stretch marks during pregnancy by keeping the skin supple.
- **Shea** - its high content of non-saponifiable fatty acids gives shea butter the ability to moisturize and retain the elasticity of the skin. It also helps to protect the skin against the damaging effects of the sun while repairing cellular degeneration.
- **Castor** - is rich in fatty acids. It is very soothing and lubricating to the skin. It acts as a humectant attracting moisture to the skin.